



OUR MISSION

Dedicated to serving Minnesota's veterans and their families.

VISION FOR OUR DIVISION

To continually develop and deliver a safe, dignified and compassionate health care system; and provide a nurturing and engaging home environment for Minnesota's heroes.

ADMISSIONS

The Minnesota Veterans Home, Hastings is a board and care facility for veterans and spouses who meet eligibility requirements.

To apply for admission an individual must be:

- * Honorably discharged veterans who have served 181 consecutive days on active duty, unless discharged earlier due to a disability incurred in the line of duty.
- * In medical need of domiciliary care.
- * A Minnesota resident, or a veteran who entered service in Minnesota.

For further information, or to request an application packet, contact the Admissions

Coordinator:

(651) 539-2500

Or visit our website at
www.mvh.state.mn.us

Hastings Veterans Home VETERANS VOICE



Minnesota Veterans Home Sanitary Sewer Reconstruction & Rehabilitation

What has happened in the month of May?

The contractor spent the entire week installing new sanitary sewer main between CP Adams Park and the Veterans Home building 25 parking lot. This included installation of 2 manholes.

Work is now taking place in the deepest sections of the project, with some depths in excess of 25'.

The contractor has begun excavating some bedrock at the bottom of the trench, which was anticipated. This rock has significantly slowed progress.

Crews also worked on raising the new manhole lids to the finished grade in preparation for leveling the ground around them.

They began falling back and knocking down some of the large piles of dirt, leveling them out and getting things closer to the finish grade.



Work is completed within a large steel box due to the depth of the sanitary sewer.



An excavator lowers a manhole base section to its final location behind Building 25.

In the upcoming weeks installation of the new sewer main will continue.

They expect to connect to the existing manhole in the wooded area northwest of building 25 weather permitting. This will allow them to abandon the old main and divert flow into the new main.

The sewer service for building 25 will be connected to the new manhole in the parking lot. Once this work is completed, the old main east of building 25 will be abandoned.

Veteran Spotlight

by: Brian Peterson, Social Worker



Tony Rose was born in a bomb shelter in Aldershot, England during the Battle of Britain. Tony's father was a sergeant major in the Canadian Army (RCR). Tony lived in England until he was three years old when the family was evacuated on the Queen Mary to Halifax, Nova Scotia. They took a train to London, Ontario where they lived until his father retired from the RCR. They then moved to Windsor, Ontario when his father took a job in Detroit. At age six, Tony moved with his family to Detroit.

Tony joined the Navy at age 17. Basic training took place at the Great Lakes Training Academy. He went to Philadelphia for radio school before being assigned to the USS Albermarle in Norfolk, VA. Tony spent four years in the Navy, 1958-1962. A second assignment to the USS Curricuck occurred after the USS Albermarle was decommissioned. He spent time in the Pacific and Caribbean making stops at Guantanamo Bay, Cuba and Jamaica, and traveled through the Panama Canal and up to San Diego. He then did the "far East cruise" to include Hong Kong, Okinawa, Taiwan, Japan, and the Philippines. He came back to the U.S. by way of Hawaii and settled back in Detroit. He returned to Canada while staying with relatives for a few years before hitch-hiking to California down famed Route 66.

Tony eventually settled in Milwaukee for approximately 15 years working as a baker before earning a degree in hotel and restaurant cookery. Following Milwaukee, Tony found his way to Minneapolis where he continued to work in bakeries and restaurants as well as a stint working at the Federal Reserve Bank. This is his second stay at MVH-Hastings with a four year break between stays. He was never married and has no children. His long-term goals include obtaining residence at the Mississippi Bell retirement community in downtown Hastings.

Tony enjoys reading and is looking to renew his interest in calligraphy.

New Therapeutic Drumming Circle Begins

There has been a lot of talk about the use of drumming or drum circles in health care lately. Drumming is being used in settings such as mental health and drug and alcohol rehabilitation. Studies have shown that drumming can have a lot of health benefits including reducing blood pressure, anxiety, stress and pain, accelerating physical healing, increasing cognitive functions and immunity, and producing feelings of well-being.

We began holding a drum circle for our veterans here at the Veterans Home in Hastings in February and have received positive feedback from the veterans who have participated so far.

Our drum circle is led by a guest instructor, Don Karsky, and lasts about an hour. Our upcoming drum circles are scheduled for June 13 and July 11 at 3:00pm at our picnic pavilion.

Our veteran residents are encouraged to attend. No musical experience is necessary!



Summer Fun in the Sun!

SAVE THE DATE!

Annual Veterans Picnic with Family & Friends



Friday, August 12, 2016

Scheduled Events:

3:15 Spiritual Service
4:00 Meet & Greet – Family Council
4:00 Fun & Games Start
5:00 Picnic
6:00 Entertainment

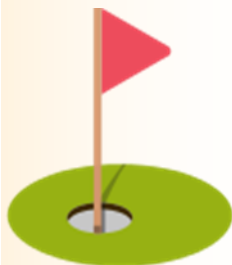


Heroes on Horseback is offered for the 6th season! Therapeutic horseback riding at Majestic Hills Ranch meets every Thursday afternoon!

Green Thumbs: Gardens and raised beds are being planted with vegetables, tomatoes and flowers!



Vets are getting ready to hit the course by practicing puts on the putting green or chipping into the new outdoor net. Outings to the driving range and golf course are planned throughout the summer. Clubs are also available for check out for those who want to go on their own.



Fishing

"It's about the experience!"

This summer veterans will have the opportunity to attend many fishing trips.

Partnering with "Let's Go Fishing" will bring weekly trips to the St. Croix River and White Bear Lake. Overnight trips are planned for Duluth, fishing on Lake Superior, and to Veterans Rest Camp on Big Marine Lake. Local day trips to area lakes and rivers are also planned.



Picnics Galore! Many organizations are sponsoring BBQ's and socials this summer! If you are interested in sponsoring an event please contact volunteer services.



Birding group provides opportunity to learn how to identify birds and enjoy the great outdoors. The group meets Wednesday mornings and travels to area parks, wetlands, or right out our back door to view many varieties of birds.

**Based on our perspective that
“Every Day is Veterans Day”**



Veterans first in our hearts, minds, and actions

Excellence is our standard

Trust is earned through results

Ethics are our cornerstone

Respect for people and service

Advocacy for care and services

Nation-leading services

Stewardship of resources

VETERANS VOICE

**Minnesota Veterans Home
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Hastings, MN 55033**

